

## The Right Care at the Right Place

We encourage you to pay attention to your body and take preventive steps for care. If something isn't right, call your Primary Care Provider (PCP) to determine the best place for treatment at the right time. Seeing your doctor at the first sign of symptoms or concerns can avoid emergency room visits, saving time and money.

Holland Hospital offers a variety of care options at your convenience. For life threatening emergencies, call 911 immediately.

### Virtual Care

[hollandhospital.org/virtualcare](http://hollandhospital.org/virtualcare)

Virtual visits are available for current Holland Hospital physician office patients only.

#### What you need for a virtual visit:

1. Phone or laptop
2. Internet access
3. Your insurance information

- Allergies
- Anxiety and depression
- Bruises, abrasions and minor cuts
- Chronic condition rechecks (or follow up)
- Fever, cold, cough and flu

- Minor burns and rashes
- Respiratory infections
- Sprains and strains

**Services not treated:**  
**Life-threatening illness or injuries**

### Primary Care

[hollandhospital.org/primarycare](http://hollandhospital.org/primarycare)

New patients call (616) 394-3200

#### Locations:

**Family Medicine – Douglas**  
**Family Medicine – South Washington**  
**Family Medicine – Zeeland**  
**Internal Medicine – North**  
**Internal Medicine – Zeeland**  
**Pediatrics & Internal Medicine**

- Available by appointment
- Same-day care for existing patients
- Medical care for all ages
- Infant care and well-child visits
- Annual physicals and health screenings
- Immunizations
- Skin conditions

- Minor office surgeries
- Allergies and asthma
- Diabetes management
- Heart disease management

**Services not treated:**  
**Life-threatening illness or injuries**

### Walk-In Care

[hollandhospital.org/walkincare](http://hollandhospital.org/walkincare)

**Holland Hospital Medical Building**  
**8300 Westpark Way**  
**Zeeland MI 49464**

Monday – Friday 7 AM – 6 PM  
 Saturday 7 AM – 12 PM  
 Closed Sunday and Holidays

- Allergies
- Bronchitis
- Bruises, abrasions and minor cuts
- Ear infections
- **Fever, cold, cough and flu**
- Minor burns
- Rashes

- Sore throats
- Sports physicals
- Sprains and strains
- Urinary tract infections

**Services not treated:**  
**Life-threatening illness or injuries**

### Urgent Care

[hollandhospital.org/urgentcare](http://hollandhospital.org/urgentcare)

**3232 N Wellness Dr, Building B**  
**Holland MI 49424**

Open 8 AM – 8 PM, 365 days a year

- Allergies
- Animal bites
- Bruises, abrasions and cuts
- Ear, eye and skin infections
- **Fever, cold, cough and flu**
- Middle/high school sports physicals
- Burns
- Nausea, vomiting and diarrhea

- Respiratory infections
- Simple fractures
- Sprains and strains
- STD testing
- Urinary tract infections
- Work and sports injuries

**Services not treated:**  
**Life-threatening illness or injuries**

### The Emergency Room

**Don't wait.**  
**Don't drive.**  
**Call 911.**

**602 Michigan Ave**  
**Holland MI 49423**

Open 24 hours a day, 365 days a year

- Chest or upper abdominal pain or pressure
- Coughing or vomiting blood
- Difficulty breathing, shortness of breath
- Fainting, sudden dizziness, weakness
- Head injury or sudden severe headache
- Major fractures or burns
- Poisoning or suspected overdose
- Seizure or loss of consciousness

- Severe numbness of face, arm, or leg
- Severe or persistent vomiting or diarrhea
- Sudden slurred speech, visual changes or weakness
- Sudden or severe pain
- Suicidal or homicidal feelings
- Uncontrolled bleeding
- Vaginal bleeding with pregnancy